

6TH ASIAN COGNITIVE BEHAVIOR THERAPY CONFERENCE, DHAKA



Mental Health Gap in Asian Countries: Scope of CBT

Date: 9-12 February 2018

**Venue: Nobab Nawab Ali Chowdhury Senate Bhaban
University of Dhaka, Bangladesh**

Early bird registration deadline: 10th January, 2018



INTRODUCTION

It is our great pleasure to invite you to the 6th Asian Cognitive Behavior Therapy Conference to be held in the University of Dhaka, which has almost 100 years of glorious history of developing diverse knowledge and skilled manpower to serve the society and building the Bangladeshi nation. The Department of Clinical Psychology, University of Dhaka is hosting this prestigious conference in conjunction with the Bangladesh Clinical Psychology Society (BCPS), the Nasirullah Psychotherapy Unit (NPU) of Department of Clinical Psychology, and the Asian CBT Association (ACBTA). The conference theme of 2018 – “Mental health gap in Asian countries: Scope of CBT” – would like to accommodate all health professionals, specially the mental health professionals. Reducing the mental health service gap requires a comprehensive and overall biopsychosocial model of assessment and intervention, where CBT does represent the intrapsychic and pure psychological aspect of it.

In our true understanding of mental health problems and in reduction of mental health service gap, we would look for comparative analysis of research cum clinical experience-based conceptual, empirical or case-study papers, and talks – to explore and expose the unique nature of CBT, a psychological model, compared to other psychological models, and also in the context of other components of biopsychosocial dynamics of our umbrella model of health and mental health. We are cordially inviting you and will appreciate your active contribution and participation to make this mega event successful by submitting your research articles, organizing various thematic seminars/symposia and round tables or debates related to the theme of the conference, and beyond.



Dhaka is one of the world's oldest mega cities with lots of historical places and natural beauty around it. We hope that our distinguished guests and participants from all over the world will enjoy the conference and the natural beauty of Bangladesh and its multicultural society. Cox's Bazar, the world's longest sea beach and the Sundarban, the biggest mangrove of the world could be accessed from Dhaka easily. We will offer a number of travel grants for the international contributors. Our sincere and motivated students, colleagues and members of our organizing and reception committees will offer their friendly guidance and support to you all during your stay in Dhaka or in any part of Bangladesh, where you may plan to visit, ensuring your safety, security, and entertainment. There are Hotel Intercontinental, Pan Pacific Sonargaon Hotel and many other accommodation facilities near the conference venue with the room rent ranging from 25 to 250 USD. There are also special accommodation facilities on the University of Dhaka campus for overseas faculty which are cheaper and luxurious but need to be booked in advance. We are confident that by attending the 6th Asian CBT Conference in Dhaka you all will gather great experiences and also will enjoy Bangladeshi fresh fish, diverse fruits, vegetables and many other objects, gifts and places of natural beauty.

Please follow the website link and confirm your participation to make this event successful.






Professor M. Mahmudur Rahman
Ph.D.
Chair, Organizing Committee
6th Asian CBT Conference,
Dhaka, Bangladesh.

Tian Po Oei
Ph.D., FAPS,
Professor Emeritus, Australia
Founder President of ACBTA

Jung-Hye Kwon
Ph.D.
Professor, South Korea
President ACBTA



KEYNOTE SPEAKERS / WORKSHOP FACILITATOR

Speakers	Workshop Title	Date	Time
 Dr. Kieth Dobson, Prof. of Clinical Psy. Canada	Concepts and methods of CBT for acute depression and depression relapse prevention	9 February, 2018	9am-1pm (half day)
	The process of CBT: Research Based Interventions	12 February, 2018	9am-1pm (half day)
 Dr. Tian Po Oei, Emeritus Prof. Clinical Psy. Aus.	Group CBT for Depression: A strategic approach	9 February, 2018	9am-5pm (full day)
 Dr. Graham E Powell/ Dr. David A Quinn Prof. of Clinical & Neuropsychology, UK	Neuro CBT	9 February, 2018	9am-1pm (half day)
 Dr. Jung Hye Kwon, Prof. of Psy. S.Korea	Effective strategies of CBT in dealing with Social Anxiety Disorder	9 February, 2018	2pm-6pm (half day)
 Dr. Freedom Leung, Prof. of Clinical Psy, Hong Kong	CBT for Eating Disorder	9 February, 2018	9am-1pm (half day)

 Dr. Ning Zhang, Prof. Psychiatry & Clinical Psy. China	Group CBT for Stress Management	12 February, 2018	9am-1pm (half day)
 Dr. David A Quinn, Consultant, Clinical Neuro Psy. UK	Neuro-cognitive mechanism of Trauma: Utility of CBT	12 February, 2018	9am-1pm (half day)
 Dr. Zhanjiang. Li, Prof. of Psychiatry & Clinical Psy, China	Tools and tcehniques of CBT for dealing with Psychotic Cases	12 February, 2018	9am-5pm (full day)
 Dr. M. Mahmudur Rahman, Prof. of Clin. Psy. BD	Reinterpreting the role of Perception Emotion and Cognition in CBT	11 February, 2018	3.pm-5pm (half day)
 Dr. Young Hee Choi, Prof. of Psychiatry, S.Korea	Trans Diagnostic Therapy consisting of CBT, Schema therapy and Mindfulness approach	12 February 2018	9am-5pm (full day)
 Tarun Kanti Gayen, Clinical Psy. BD	CBT for Substance Use Disorder	12 February, 2018	2pm-6pm (half day)
 Shahnur Hossain, Asst. Prof. of Clin. Psy. BD	CBT for Substance Use Disorder	12 February, 2018	2pm-6pm (half day)

REGISTRATION DETAILS

Full package registration

Full package Includes, (main conference Feb 10-11+pre & post conference workshop Feb 9 & Feb 12+gala dinner)

Category of participants		Reg. Fees (early bird)	Reg. Fees (regular)
BANGLADESHI	Student	3000 TK	4500 TK
	Professional	5000 TK	7000 TK
	BCPS (trainee)	2000 TK	2500 TK
	BCPS member (general/affiliate)	3500 TK	4000 TK
SAARC	Student	100 USD	200 USD
	Professional	200 USD	300 USD
ASIAN	Student	200 USD	250 USD
	Professional	300 USD	375 USD
OTHERS	Student	250 USD	300 USD
	Professional	450 USD	500 USD

Early bird ends on January 10 & regular ends on February 2.

Conference registration only

Category of participants		Reg. Fees (early bird)	Reg. Fees (regular)
BANGLADESHI	Student	2000 TK	2500 TK
	Professional	4000 TK	4500 TK
SAARC	Student	75 USD	100 USD
	Professional	150 USD	200 USD
ASIAN	Student	100 USD	150 USD
	Professional	200 USD	250 USD
OTHERS	Student	150 USD	175 USD
	Professional	250 USD	300 USD

[NOTE: Students will be considered upto current masters.]

Registration closes on 2nd February 2018

Workshop registration only

Category of participants		Registration fees					
		Pre-conference workshop 9 February, 2018			Post-conference workshop 12 February, 2018		
		Half day		Full day	Half day		Full day
		9am-1pm	2pm-6pm	9am-5pm	9am-1pm	2pm-6pm	9am-5pm
BANGLADESHI	student	1000 TK	1000 TK	1500 TK	1000 TK	1000 TK	1500 TK
	professional	1500 TK	1500 TK	2000 TK	1500 TK	1500 TK	2000 TK
SAARC	student	40 USD	40 USD	75 USD	40 USD	40 USD	75 USD
	professional	60 USD	60 USD	100 USD	60 USD	60 USD	100 USD
ASIAN	student	40 USD	40 USD	75 USD	40 USD	40 USD	75 USD
	professional	60 USD	60 USD	100 USD	60 USD	60 USD	100 USD
OTHERS	student	50 USD	50 USD	75 USD	50 USD	50 USD	75 USD
	professional	75 USD	75 USD	150 USD	75 USD	75 USD	150 USD

Please choose your appropriate category from the above table and calculate the amount for workshop registration fees.

NOTE: You can choose one full day or two half day workshops for each day. to select your workshops please see page: 4-5

Registration fees for dinner only: local-1000 (BDT) & 50 USD for international delegate

Registration closes on 2nd February 2018



Contact

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or

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or

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Jointly organized by



Dept. of Clinical Psychology
University of Dhaka



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Asian Cognitive Behavioral Therapy Association